

Wellness and Health Care Policy

To assure the health and wellbeing of children and staff at our preschool please keep your child home when they are ill. If your child becomes ill while at the preschool, we will call and expect you to come and pick them up within one hour. To minimize sickness in our preschool by preventing the spread of germs, we must exclude children and staff who show the following symptoms of illnesses and diseases:

- Vomiting
- Diarrhea-more than 3 in one hour. Your child must be diarrhea free for 24 hours before returning to the center.
- Fever over 100.4 degrees
- Any undiagnosed rash or type of skin disruption
- Pink Eye
- Impetigo
- Chicken Pox
- Hand-Foot-Mouth
- Strep Throat
- Severe Coughing or thick nasal drainage
- Croup or Bronchitis
- Any Communicable Disease

Children sent home due to the above may need to be seen by a Doctor. Children must remain at home until symptom free for 24 hours. Children having temperatures of 100.4 or above may not return to the preschool until fever free for 72 hours without the aid of any fever reducing medication. If the child is seen by a doctor and is diagnosed with an ear infection, the child may return to the preschool in less than 24 hours with a doctor's note.

In certain situations when an illness is contagious and communicable, a Doctor's note stating the child is no longer contagious will be required. If your Doctor has prescribed an Antibiotic, your child must be on the medication for 24 hours before returning to the Center.

Sanitizing Procedure

All toys, play surfaces, classroom tables, and food preparation areas will be sanitized in the following 3 Step Sanitizing Procedure:

- Wash or Spray the article or surface vigorously with soapy water.
- Rinse or Spray the article or surface with clean water.
- Rinse or Spray the article or surface with sanitizing bleach solution.

All items and surfaces will be allowed to air dry. To minimize germs, throughout the day and each evening teachers spray toys and equipment down with a sanitizing bleach solution.

Hand Washing Procedures

Children must wash their hands:

- Before and after meals and snacks
- After using the bathroom
- After coming in from outside

Teachers must wash their hands:

- Before and after meals and snacks
- After using the bathroom and after assisting children in using the bathroom
- Before preparing, serving, or eating any food
- After wiping noses
- After handling a sick child

*All hand washing will be done with antibacterial soap and warm water. All drying of hands will be done with a single use towel.

- Have a clean, paper towel available.
- Turn water on to a comfortable temperature between 60 to 120 degrees.
- Moisten hands with water and apply liquid soap.
- Rub hands vigorously until soap lather appears and continue for at least 10 seconds.
- Rub between fingers, under nails, jewelry and back of hands.
- Rinse hands under running water until they are free of soap.
- Grab clean paper towel and shut off water.
- Dry your hands with paper towel.
- Throw paper towel away
- Use hand lotion, if desired

Emergency Medical Care

The center requires all our staff to be certified in CPR, First Aid, and Blood Borne Pathogens. In the event of an emergency, we will immediately call 911, and the child's parents. Transportation will be provided by the local EMS when emergency care is required. If medical care is required outside of the preschool, an incident report will be filed with the State Licensing Agency.

In the event of minor injuries such as bumps, bruises or scratches, an Ouchy Report or Incident Report will be filled out by your child's teacher. The teachers will provide you with documentation of the incident during pick up time. A phone call to parents may be made if skin is broken or there is blood flow.